

*Relationships Australia*

CANBERRA & REGION

## WE ALL DESERVE A HEALTHY RELATIONSHIP



At Relationships Australia Canberra & Region we have experienced counsellors, mediators and educators who provide services in a friendly, open and respectful way for all members of our communities. We openly welcome people from the lesbian, gay, bisexual, transgender and intersexed communities.

Our focus is relationships and any issues impacting on you or your relationships in all domains of your life, including partners, parents, siblings, friends, colleagues or children.

1300 364 277

[www.racr.relationships.org.au](http://www.racr.relationships.org.au)

Our services are customised to your needs, including:

- Enhancing relationships
- Parenting
- Relationship difficulties, including separation
- Re-partnering and family relationships
- Communication issues
- Family violence
- Managing conflict
- Trust issues
- Sexual difficulties
- Grief and loss
- Self-esteem & identity issues



Relationships Australia also delivers support services for Forgotten Australians and Former Child Migrants, and survivors of child sexual abuse who take part in or are affected by the Royal Commission into Institutional Responses to Child Sexual Abuse.

To find out more contact us on 1300 364 277  
or visit [www.racr.relationships.org.au](http://www.racr.relationships.org.au)